

An abstract painting with a textured, layered appearance. The colors are primarily shades of blue, green, and orange, with some purple and white highlights. The brushstrokes are visible, creating a sense of movement and depth. The overall mood is vibrant and energetic.

*finding—and holding
on to—inspiration*

THE POWER OF INSPIRATIONAL WRITING



BRAINSTORM: INSPIRATIONAL WRITING THAT HAS AFFECTED YOU

Take a few minutes to list books that had a profound impact on you, and then think about what made it resonate with you.

Can you apply any of those ideas (an overall theme, a storytelling structure) to improve your book or approach?

WRITING—
AND LIVING—
WITH INSPIRATION

WRITING—AND LIVING— WITH INSPIRATION

Establish credibility

Know your audience

Walk that fine line

Establish genuine relationships

Remember goals of
inspirational writing

BRAINSTORM:
IF I CAN DO IT, SO CAN YOU.

What are some of those situations in your life? i.e., divorce/job loss/loss of someone you love; grief; loss of faith. Next to each situation, write the take-away of each story (what is the bigger truth?).

THE WRITING ITSELF

Should be filled with hope

Be vulnerable and honest

Art is about communicating
an idea to a viewer

THE WRITING ITSELF

Must have a take-away
for the reader

There's often more than
one lesson or take
on the same story

THE WRITING ITSELF

Theme should be able to be clarified into simple terms

Forgiveness

Belonging

Freedom

Teamwork

Trust

Friendship

Choices

Nature

Honesty

Loyalty

Death and
dying

Gratitude

Living well

Faith

Perseverance

Hatred

Ethical
dilemmas

Social change

Self-esteem

Abandonment

Pride

Taking a stand

Good vs. evil

Survival

