



*connecting the dots:
creativity in nonfiction*



To raise new questions, new possibilities, to regard old problems from a new angle, requires creative imagination.

Albert Einstein

DEVELOPING CREATIVE FRAMEWORKS OR STRUCTURES

Learn what is already out there

Give people a way to
understand/process/evaluate

Boil content down to universal truths
and then look for patterns

Can I group content based
on a common thread or idea?

How does story relate to current climate
or culture (social issues, news, etc.)?
Is there a way to draw parallels?

Find a twist—is there a new way
to look at an old or common thing?

Does going in the opposite direction give me
a new story from a different perspective?

What constraints have I imposed
that I shouldn't? What constraint
could I impose that I haven't?

What other stories contain similar
or opposite ideas? Is there a way
to combine or connect them?

How does story change
with a different narrator?

TOPICS/IDEAS/ACTIVITIES—initial thoughts

- Have coloring pages (not just blank pages to draw on but pictures that people can color) with words and concepts included to help (a heart symbol, light beams, etc.)—could include info about the colors in the margins or sidebars
- Write prayers focusing on different colors to show how a color’s meaning can “color” your prayers. (Refer to *Praying in Full Color* ebook on my website.)*
- Create a color palette with certain colors designated for different needs (healing, hope, finances, relationships, tricky situations, and so forth). Write names on a grid and color them with the appropriate color while you pray.
- Wandering pages... pages drawn like paths for thinking/meandering
- Chart to assign prayer symbols (page bordered with a bunch of suggestions)
- Things to remember about God (what He’s done, where you’ve seen Him)
- Prayer prompt calendar—incorporate these same kinds of prompts randomly throughout (ex: sit in silence and think about how big God is, pray for the last person you talked to on the phone, pray for the parents of a toddler, give thanks for all He has done for you, pray for four friends from high school, pray for the people you see wearing the color purple today)
- Alphabet prayer cards—cut out? (designed on my blog right now)
- Strips of paper for prayer string
- Ongoing list of prayer needs—periodically, prompt readers to go back through and highlight answered prayers (“I got a yellow!”)
- Once in a while, have a multi-part prompt... what is the prayer you can’t get past, that you keep praying but can’t seem to get through? What are obstacles to having that answered? What might your answer look like? God doesn’t always answer the way we like...
- Prayer mapping (stream of consciousness)
- How to turn your prayers upside down (visual representation of opposite ends of different prayers as a way to see who else is affected)

- Single words—meditate, doodle, and write around them (hope, doubt, fear, remember, envision, predict, pursue, spark, glimmer, freedom, challenge, notice, risk, feel)
- Little prayers—write out your need, then simplify requests to their most basic level and only a few words—help, thanks, wow, please). Draw and doodle around those words.
- Writing prompts (including poems and quotations)—many are in PUD, but could be things like, “Think about your prayer needs as though you were Sister Teresa, the President of the US, a 10-year-old girl, etc.
- Write your own Psalm (show an existing one, show how to modify, and have space for a new one)
- Lists (people to pray for, people who have pointed you to God, what you would tell people about God, how you’ve seen Him, when you’ve heard from Him, what you want from Him)
- Include written prayers on each page? Or periodically?
- MadLibs-style prayers (fill in the blanks)
- Blank calendar pages (who/what you prayed for each day?)
- Write FB status updates (or tweets) as though they are from God about your current situation
- Magnetic poetry (same concept but with plain paper): mix up your prayers (literally)
- If God were a _____, what kind would He be? (images of flower, car, etc.)
- Drawing of a leaf with veins (or a tree?)—prayers for your family (write along the lines)
- Artwork of a suitcase and trunk: what are you wanting to run away from? What baggage do you carry that makes it hard to forget or let go?
- Certain pages printed upside down or sideways or at an angle (you need a new perspective)
- Alphabet prayers (list of letters, write prayer request with that letter beside it)
- A geometric image—when things are crazy, write all the individual parts of your prayer in different shapes, then pray for the whole (or one square)
- Do some kind of puzzle—cut apart and write names on pieces, then put back together in any way you want... a reminder that we don’t know HOW God will solve things, but whatever He creates will be beautiful

Each week would contain:

Day 1: Introductory quotation or Scripture
1500(ish) word essay relating to that week's theme*
Closing prayer for reader to pray with me, setting the stage for the exercises to come

Day 2: Exercise

Day 3: Exercise

Day 4: Exercise

Day 5: Exercise

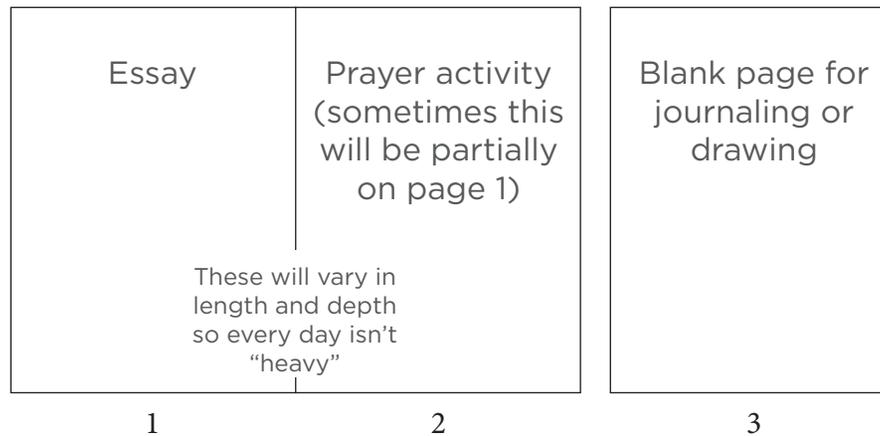
Day 6: Exercise

Day 7: A "day of rest" prayer, meditation or thought (the idea being that we are to pray without ceasing, but prayer doesn't always have to be long or hard or involved)—no actual activity

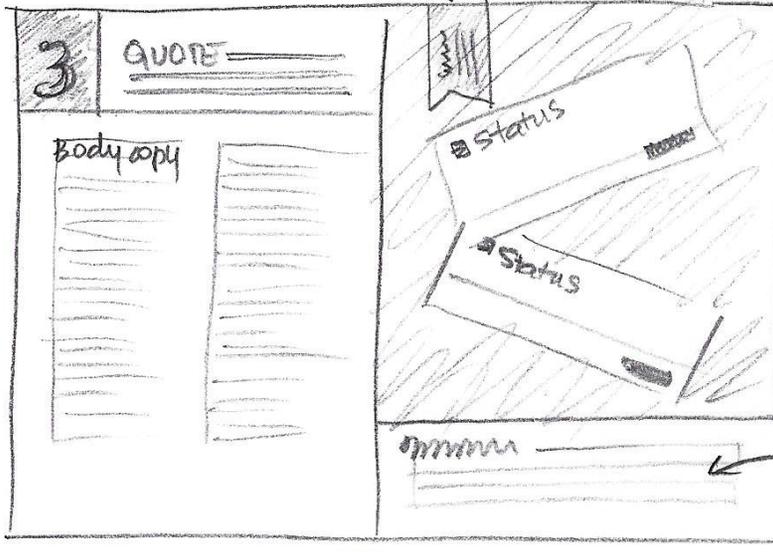
* Themes for the weeks (tentative):

- 1: Looking from a different perspective
- 2: Addressing fear/obstacles
- 3: Creativity
- 4: The faith of a child
- 5: Praying with or for others
- 6: A personal God (discovering yourself, learning about Him)
- 7: Finding white space (and other colors)
- 8: Combatting boredom/going deeper

Each exercise/activity will take 3 pages, roughly broken down as follows:

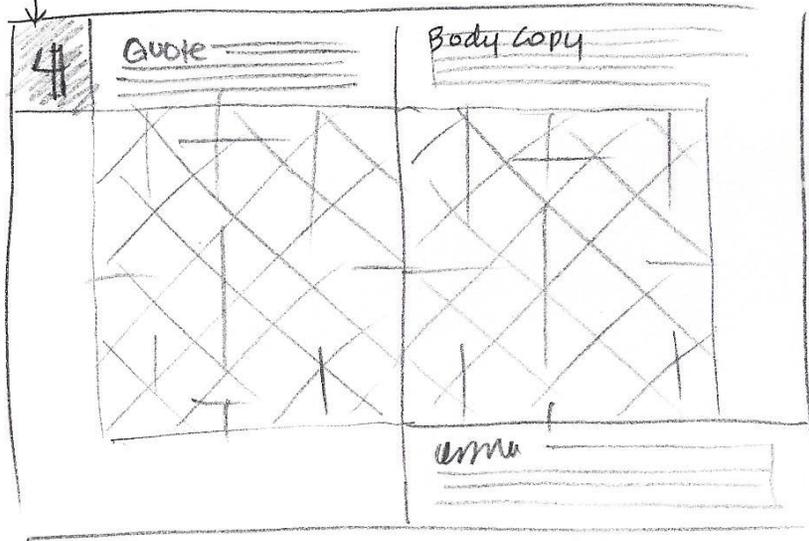


use bookmark or thought bubble or some kind of frame to highlight relevant scriptures (reference only, not whole verse, so they can interject + look it up)



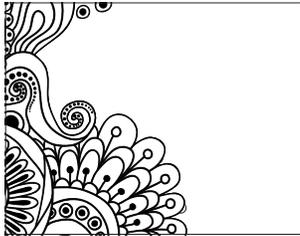
each day this could change (or repeat each week)

w/color texture



- My prayer
 - What's on my mind
 - Ongoing prayer list
- or a written prayer they can pray w/me?
or just room for notes (maybe better to just leave white space)

WEEK 1: FUMBLING INTO HIS PRESENCE (Using a simple approach to overcome bad experiences)



DAY 2: DOODLING



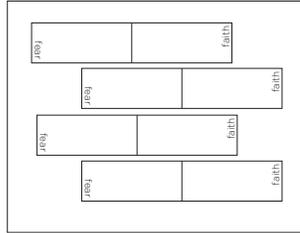
DAY 3: RAYS OF GRATITUDE



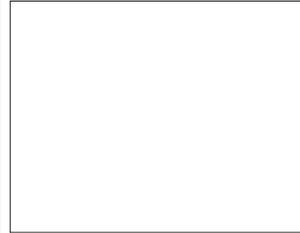
DAY 4: POSTURES OF PRAYER (PHYS. ACTIVITY)



DAY 5: STUMBLING BLOCKS (LIST)

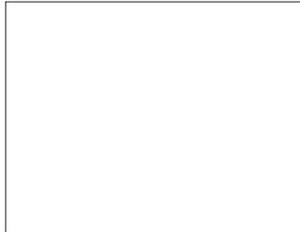


DAY 6: FAITH NOT FEAR - CHART

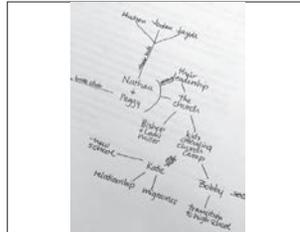


DAY 7

WEEK 2: CONNECTING THE DOTS (CREATIVITY) (Connect dots to see God)



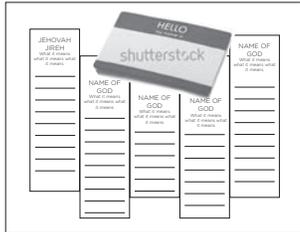
DAY 2



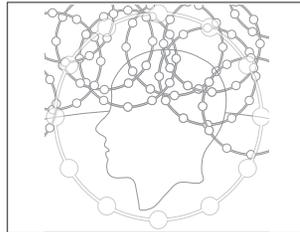
DAY 3: PRAYER MAPPING



DAY 4: JUMBLED WORDS (CUT OUT)



DAY 5: NAMES OF GOD (LISTING PRAYERS IN CATEGORIES)



DAY 6: COLORING IN THE LINES



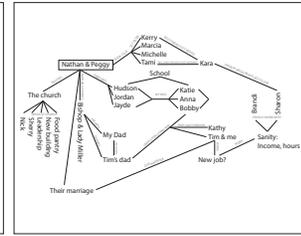
DAY 7: MADELEIN L'ENGLE QUOTE

WEEK 3: CREATIVITY, OR CONNECTING THE DOTS TO SEE GOD

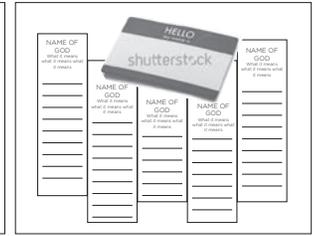
DAY 1: ESSAY (MAKING CONNECTIONS) AND REFLECTION QUESTIONS



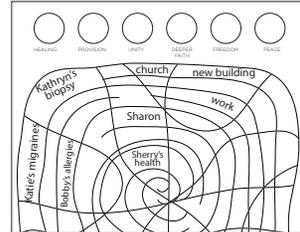
DAY 2: JUMBLED UP WORDS (PHYSICALLY MAKING SOMETHING)



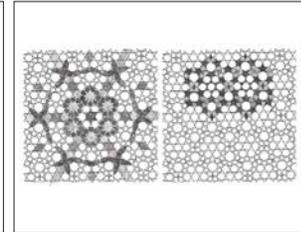
DAY 3: PRAYER MAPPING (CREATING DIAGRAM)



DAY 5: THE MANY NAMES OF GOD (CATEGORIZING THOUGHTS INTO A CHART)



DAY 5: COLOR PALETTE OF PRAYER (ACTIVITY/COLORING)



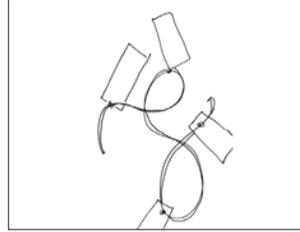
DAY 6: MORE THAN ONE WAY TO SEE HIM (COLORING ACTIVITY)



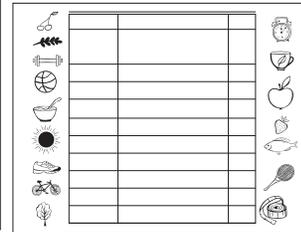
DAY 7: BRINGING PRAYER TO LIFE (DESIGNED QUOTE/PHYSICAL ACTIVITY)

WEEK 4: WE'RE ALL IN THIS TOGETHER PRAYING WITH OR FOR OTHERS

DAY 1: ESSAY (CARRYING THE MAT) AND REFLECTION QUESTIONS



DAY 2: UNTANGLED (PHYSICALLY MAKING SOMETHING)



DAY 3: PRAYER SYMBOLS (CHART)



DAY 4: FORWARDED MESSAGE (WRITING)

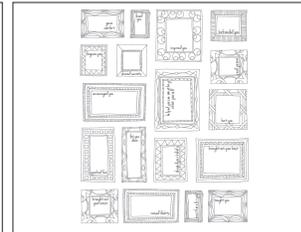
DAY 5: NAMES OF GOD (LISTING PRAYERS IN CATEGORIES)

DAY 6: COLORING IN THE LINES

DAY 7: MADELEIN L'ENGLE QUOTE



DAY 5: FAMILY TREE (CHART)



DAY 6: GALLERY OF INFLUENCES (CHART/POSSIBLY DRAWING)



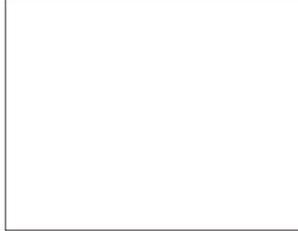
DAY 7: WHEN THE HOLY SPIRIT PRAYS (DESIGNED QUOTE/COLORING PAGE)

WEEK 7: HOW TO PRAY WHEN...

DAY 1: ESSAY (HOW TO PRAY WHEN LIFE IS MESSY) AND REFLECTION QUESTIONS



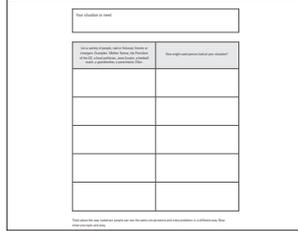
DAY 2: ...WHEN YOU WANT TO GO DEEPER (GRATITUDE)



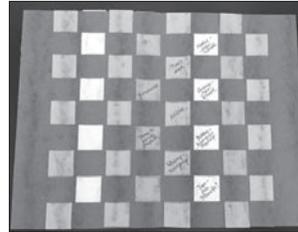
DAY 5: ...WHEN YOUR NEED SEEMS IMPOSSIBLE (WRITING/STUDYING BIBLE)



DAY 3: ...WHEN THE WORLD OVERWHELMS YOU (READING ACTIVITY)



DAY 6: ...WHEN YOU NEED A FRESH POINT OF VIEW (CHART ACTIVITY)



DAY 4: ...WHEN YOU CAN'T KEEP IT ALL STRAIGHT (PHYSICALLY MAKING SOMETHING)



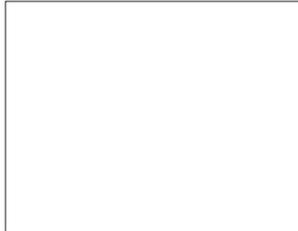
DAY 7: ...WHEN YOU'RE TIRED (REFLECTING)

WEEK 8: COLORING YOUR PRAYERS

DAY 1: ESSAY (DESIGNED TO LIVE IN FULL COLOR) AND REFLECTION QUESTIONS



DAY 2: PASSIONATE RED (WRITING ACTIVITY)



DAY 5: GREEN PASTURES (WRITING/STUDYING BIBLE)



DAY 3: YELLOW'S JOYFUL ENERGY (WRITING ACTIVITY)



DAY 6: DREAMING IN PURPLE (WRITING/SKETCHING/PLANNING)



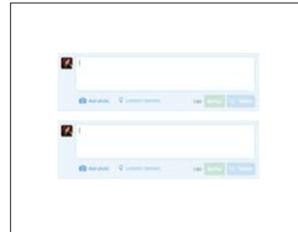
DAY 4: BLUE—SAFE AND SECURE (COLORING)



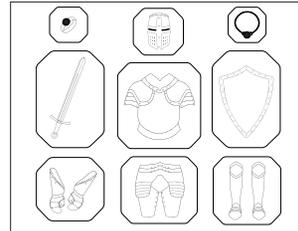
DAY 7: COLOR WHEEL OF PRAYER (REFLECTING/COLORING)

WEEK 5: A PERSONAL GOD (KNOWING GOD, KNOWING YOURSELF)

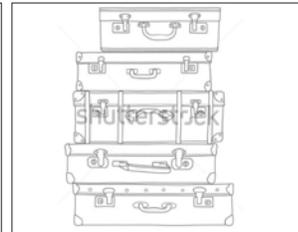
DAY 1: ESSAY (PERSONALLY DESIGNED) AND REFLECTION QUESTIONS



DAY 2: GET REAL (WRITING ACTIVITY)



DAY 5: STRAPPING ON YOUR BREASTPLATE (DRAWING)



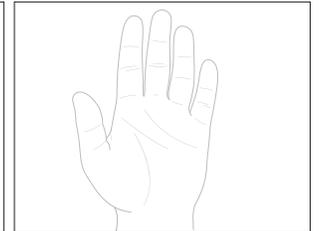
DAY 3: LOSING YOUR BAGGAGE (WRITING OR DRAWING)



DAY 6: WHAT GOD SEES IN THE MIRROR (PHYSICAL ACTIVITY)



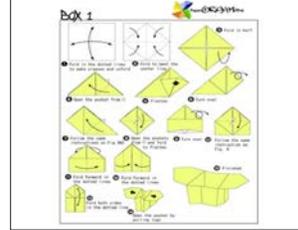
DAY 4: SNAPSHOTS OF GOD (WRITING OR DRAWING)



DAY 7: INSCRIBED ON HIS HAND (DRAWING)

WEEK 6: SHAKING THINGS UP (BREAKING OUT OF A RUT)

DAY 1: ESSAY (MAKING SOME CHANGES) AND REFLECTION QUESTIONS



DAY 2: YOUR GIFT TO GOD (ORIGAMI/PHYSICALLY MAKING SOMETHING)



DAY 3: KEYCHAIN PRAYERS (PHYSICALLY MAKING SOMETHING)



DAY 6: POETIC PRAISE (WRITING)



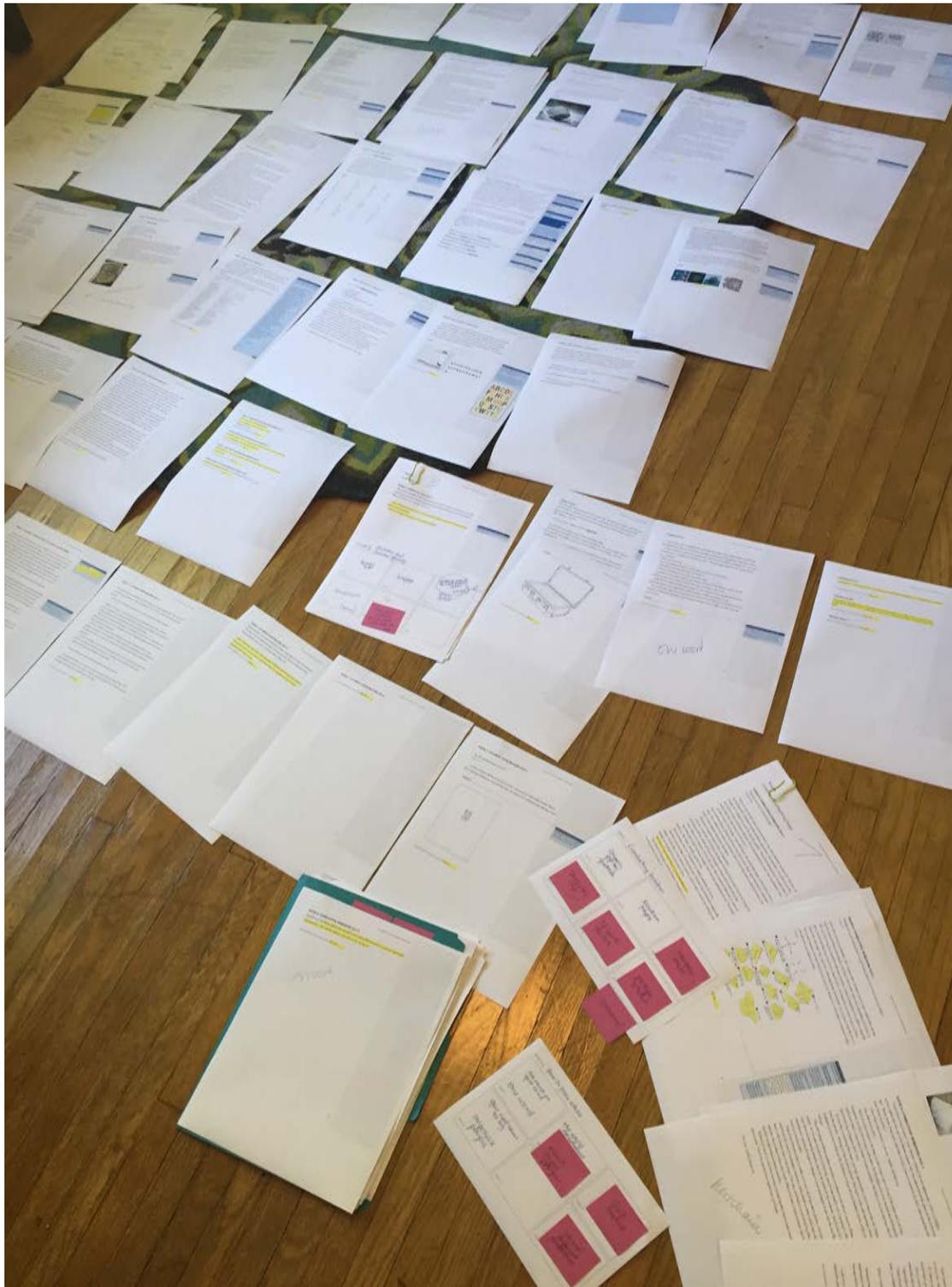
DAY 4: SET FREE (CUTTING AND PASTING)



DAY 7: A BLANK CANVAS (REFLECTING/POSSIBLY DRAWING OR PAINTING)



DAY 5: SINGING HIS PRAISES (LISTENING/RESEARCH ACTIVITY)





**UP THE STAKES.
ADD VALUE.
DO IT AGAIN.
AND AGAIN.**

FROM BOOK PROPOSAL

The visual nature of this book lends itself to many marketing and merchandising opportunities.

- My talents and resources enable me to create or provide most of the visuals and illustrations for this book.
- Praying Upside Down e-mail subscribers, currently being set-up, would get information on creativity and prayer in a colorful daily or weekly e-mail devotional. The topical nature of the content is easily separated into succinct themes under the overall umbrella.
- A long-standing Apple user, I have resources to develop a Praying Upside Down book app for use on mobile devices — an interactive application which allows readers to mark and highlight but also type in their own prayers and experiences. Readers could then submit their own stories and upload their artistic examples to PrayingUpsideDown.com.

- A Facebook page contest in which artists upload photos of images they find or create to support one of the approaches in the book (or suggest a new one).
- Seamless, natural extensions to a series of direct mail postcards and e-blasts/ newsletters to conference organizers, Bible study and small group leaders, church mailing lists, and databases that are accessible through Internet sites and e-mail blasts through outlets like Outreach, Pastor's Resource, Beacon ads, and more.
- The individual chapters, with a brief intro, could easily be published as stand-alone articles on Christian websites (such as The High Calling, (in)courage, Proverbs 31 Woman) and in magazines (such as Today's Christian Woman, Relevant, and Charisma); I've started querying them.
- The title is quirky and conceptual, good for headlines for ads, greeting cards or postcards, bracelets, or T-shirts: I pray upside down. Upside down is right side up.

Other possible products:

- *Praying Upside Down for Parents* (for praying with your children)
- *Praying Upside Down for Teens* (I think this would be great for teens if it could be funky or graphic in terms of design and skew towards how living for God is seen as upside down by the world but it's the only way to see clearly)
- *Praying Upside Down for Kids* (children's book; may self-publish or work with a publisher) — potential title Upside Down is Right Side Up.
- *Praying Upside Down Devotional* (or workbook)
- *Praying Upside Down* gift book (focusing on the first three or four chapters only)
- *Praying Upside Down* sketchbook (which would really be a prayer journal or companion piece).

**Use your book's theme, location,
or time period for inspiration and
making marketing connections.**

A character's (or audience's) hobbies, occupation, lifestyle, values and interests can be jumping off points for developing promotional strategies.

First, study what your competitors do.

Then think:

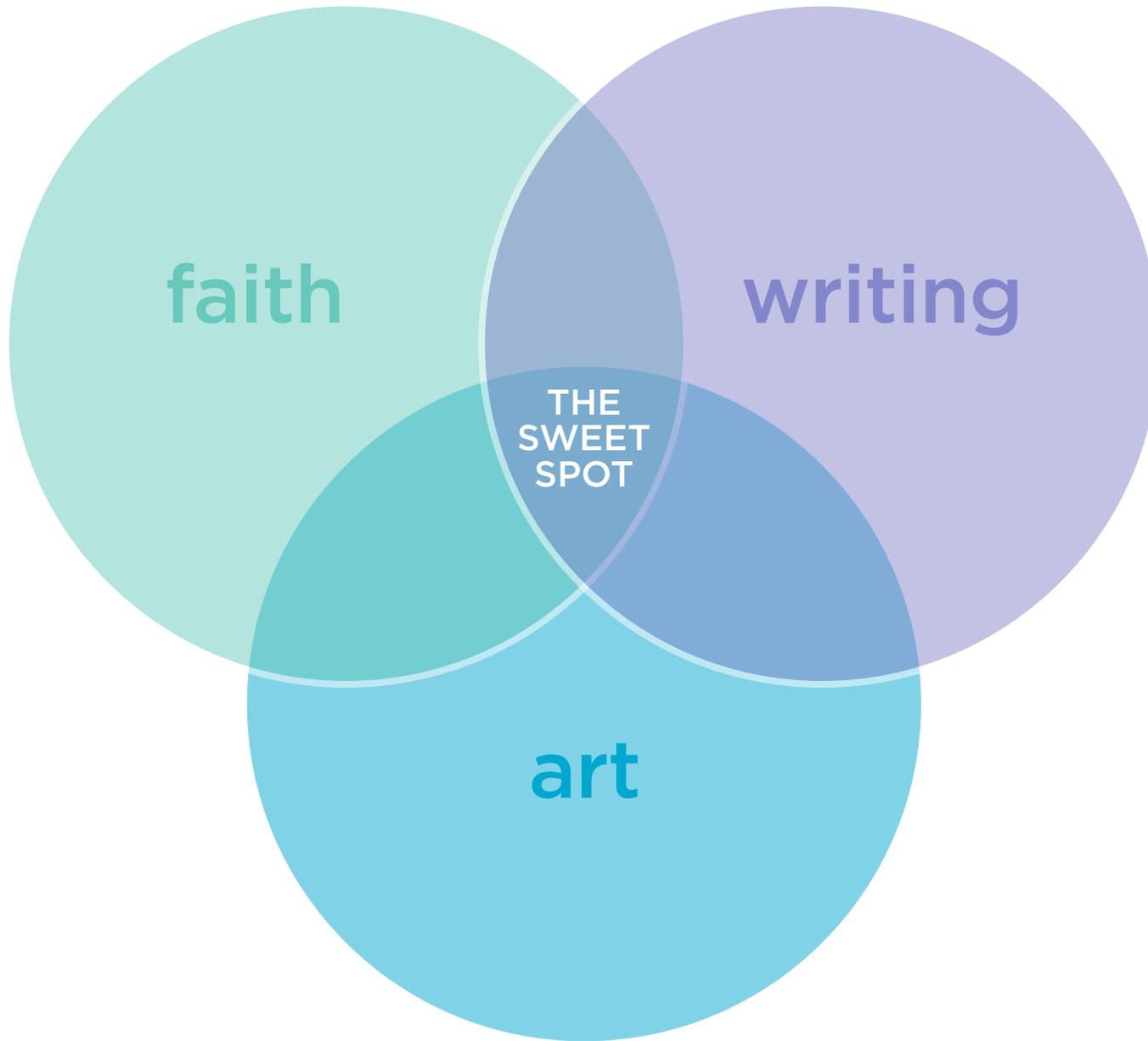
What sets you or your book apart?

Use that as a filter for all of your promotion.

MARKETING AND PROMOTION

**Know your audience
so you know how to reach them**

- Apply character development questions; describe or define your readers
 - What tools would be helpful for them?
What hobbies or interests might be related?
- Determine key symbols, concepts, or physical objects in your book



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

May prayer prompts

1

pray for someone you haven't seen for over a year

2

pray for the teenagers in your neighborhood, school or church



3

thank God

for the people in your life who make you smile

4

pray for a co-worker (if you don't have a job, be creative)

5

pray for a local business and its owners

6

pray for God to open doors

(for your ministry, life purpose, or goals)

7

pray for your spouse or significant other—or pray for that person to enter your life

8

If Jesus were sitting there with you, what would you ask Him? **Ask Him.**

9

sit in silence and reflect

10

pray for a parent

11

pray for help fixing or improving a situation

12

pray for your pastor to seek, hear and follow God's direction

13

ask God a question and spend time pondering the answer

14

ask for forgiveness—or offer it to someone else

15

pray for your kids' someday-spouses

16

look for ways to show kindness



17

listen to a worship song & let the words wash over you

18

talk to God about anything—or about nothing. Just be with Him.

19

pray for yourself

20

pray for someone whose name starts with the letter H

21

pray for peace

22

no words today; just sit in **silence** and think about God

23

pray for anyone you see wearing your favorite color

24/31

pray for wisdom

25

thank God for *who* He is

26

ask God to nurture your talents

27

ask God to reveal Himself today

28

let go of your worries

29

let God's love wash over you today

30

ask for forgiveness for something—and then truly let it go

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

prayer prompts

1 pray that you will find ways to bless others this month

2 pray for teachers in your local schools

3 ask God to help you show restraint in your spending this year

4 thank God for caring about the little things

5 pray for a student heading into finals

6 ask God to show you who to pray for

7 pray for someone who has given you a gift

8 give thanks for the abundance in your life

9 pray for someone's grandchild(ren)

10 pray for someone with a beard

11 no words today; just sit in silence and think about what Christmas means

12 thank God for the stars

13 thank God for warmth

14 ask God to help you enjoy even the busiest of days

15 pray for someone who will be grieving during the holidays

16 pray for an overwhelmed mom

17 pray for someone wearing a sweater

18 pray for peace within families

19 pray for someone who is sweet

20 give thanks for God's presence

21 pray that churches will be able to help those who reach out to them

22 pray for someone whose yard is decorated for Christmas

23 pray for someone who is lonely

24 thank God for anticipation

25 celebrate with joy

26 pray for peace

27 pray for the most important people in your life

28 be still... and know that He is God

29 thank God for animals

30 pray for vision to see what God wants you to do

31 give thanks for new beginnings

DECEMBER 2015

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

june 2016 PRAYER PROMPTS



ask God to show you what to cut out of your life

6



rejoice in the beauty of nature

7



pray for growth in your prayer life

1

pray that your family will *enjoy* each other this summer

2

set a goal to spend a few minutes every day in prayer. Ask God to help you.

3

pray for *clarity*

thank God that He'll follow you anywhere



11

thank God for rain

12

dwell on all that God has done for you

13



nurture someone

14

imagine that the wind is the very breath of God. Let yourself be surrounded by it.



lift your hands in praise

15

16

pray for someone who is traveling

17

thank God for shelter

18

show someone God's love today

19

thank God for change

20

ask God to speak to you (and listen for Him)

21

pray that you will achieve your dreams

22

pray for someone you barely know

23

pray for a single mom

24

thank God for the foundations of your faith

25

tell God your fears and let Him reassure you

26

pray for someone who recently called you

27

give your burdens to God and let Him carry them

28

pray for a single dad

29

thank God for boundaries

30

thank God for freedom

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2016 <i>august</i> prayer prompts</p>	<p>1 pray for someone who taught you something</p>	<p>2 ask God to help you soar</p>	<p>3 thank God for making order out of <i>chaos</i></p>	<p>4 pray for parents who homeschool</p>	<p>5 give thanks for <i>fun</i> times this summer</p>	<p>6 pray for someone to be given new opportunities</p>
<p>7 ask God to help you find <i>joy</i></p>	<p>8 LOOK UP! focus on trying to see God today</p>	<p>9 ask God to give you a new perspective about an old situation</p>	<p>10 pray for strength</p>	<p>11 pray for a performer</p>	<p>12 offer God <i>all of you</i></p>	<p>13 pray for someone who needs a break</p>
<p>14 thank God for welcoming you with open arms</p>	<p>15 pray for someone who's full of hot air</p>	<p>16 pray for someone who doesn't fit in—not to change but to find their place</p>	<p>17 ask God to help you tame the <i>craziness</i></p>	<p>18 thank God for some of your favorite teachers</p>	<p>19 give God <i>praise</i></p>	<p>20 pray for a child too young to go to school</p>
<p>21 pray for someone who needs a job</p>	<p>22 pray for a <i>teacher</i></p>	<p>23 pray for someone who struggles with school</p>	<p>24 ask God to help you juggle (and find your priorities)</p>	<p>25 thank God for <i>celebration</i></p>	<p>26 enjoy the ride (and give thanks)</p>	<p>27 pray for someone you admire</p>
<p>28 give thanks for green</p>	<p>29 ask God to help you be authentic and real</p>	<p>30 thank God for something (or someone) sweet</p>	<p>31 sit in silence and give thanks</p>			

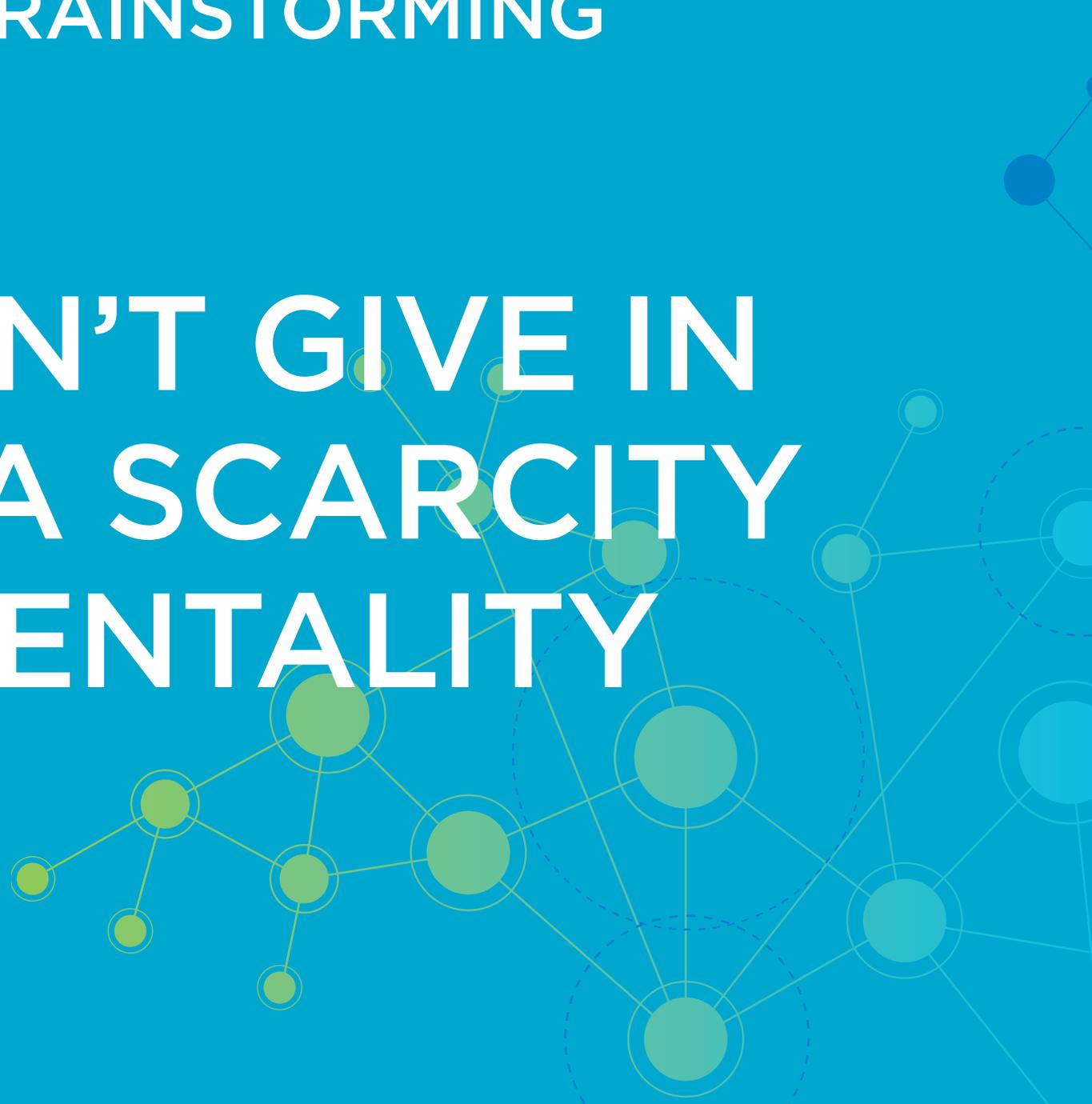


BRAINSTORMING

KEEP YOUR
MIND OPEN;
DON'T RULE OUT
ANYTHING YET

BRAINSTORMING

DON'T GIVE IN
TO A SCARCITY
MENTALITY

A network diagram consisting of several circles of varying sizes connected by thin lines. The circles are in shades of green and blue. Some circles are solid, while others are hollow. The lines are thin and light-colored. The overall structure is a complex, interconnected web of nodes and edges, suggesting a network or a system of relationships.

KELLYOSTANLEY.COM

BRAINSTORMING QUESTIONS & TIPS

What words come to mind?
(Wordstorm or word association)

How would someone else approach this
(The President of the U.S., the Pope,
Steve Jobs, Laura Ingalls Wilder,
your grandmother, a middle schooler,
someone of another religion/race/culture)?

Use visuals as a way to inspire

Embrace the ridiculous and unrealistic

BRAINSTORMING QUESTIONS & TIPS

Engage the other side of your brain
(draw, make Play-Doh models, use Legos)

Define the problem. Try reframing it.
Ask WHY. Ask WHAT IF.

If you can't think outside the box,
simply try a new perspective.

Look at the box again.

What does it look like from the top?
Right side? Left side? Bottom? Inside?
Outside? From far away? Inches?



SOURCES OF INSPIRATION

Promotional products companies

Online printing resources

Google auto-complete

Stock photography websites,
Flickr, Instagram, Pinterest

Library

mindmapping.com

[https://www.theguardian.com/books/
2012/oct/20/brainstorming-book-ideas](https://www.theguardian.com/books/2012/oct/20/brainstorming-book-ideas)

PRAYING UPSIDE DOWN

A creative prayer experience to transform your time with God

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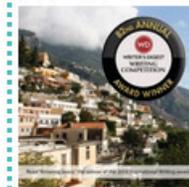
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Kelly O'Dell Stanley, Writer

"Clear, engaging, and irresistible." –ELIZABETH BERG

PRAYING UPSIDE DOWN

A creative
prayer experience
to transform
your time
with God

KELLY O'DELL STANLEY

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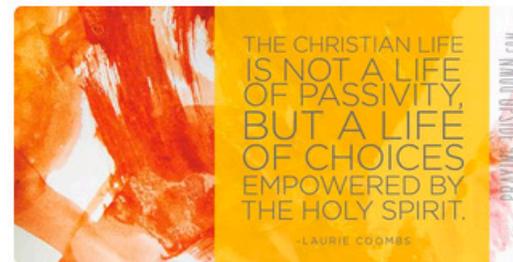
DO IT SCARED

JUNE 30, 2015

Laurie Coombs is another one of those lovely souls that I've had the honor of "meeting" through shared connections in this business. I am so excited about this book. I think God is in it, through it, around it, behind it, before it—just all over it. His forgiveness is amazing, but sometimes we forget just what a divine gift it is. This story reminds us how profound and magnificent God's forgiveness can be.



Let me set the stage a little with some info from her bio: In 2010, Laurie Coombs was called to love and forgive the man who murdered her father, which led to an exchange of letters between she and Anthony, her father's murderer. During their correspondence, Laurie was healed from her past wounds, was given grace to forgive Anthony, and witnessed a powerful transformation in Anthony as Jesus brought him to repentance. And now, here's an excerpt from her new book, *Letters from My Father's Murdered: A Journey of Forgiveness*, published by Kregel Publications.



One of my favorite phrases in the Bible is "but God." I have it posted beside my bed, and every so often my girls ask me why I have those two little words there. I tell them, "All through the Bible bad things happen—people sin or something goes wrong—but over and over two words make it all okay: 'but God.'"

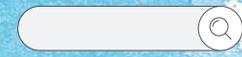
You see, no matter what happens in life, no matter how bad things seem to be, God is still the constant. He is still working all things for good. The psalmist wrote, "My flesh and my heart may fail, *but God* is the strength of my heart and my portion forever" (Ps. 73:26, emphasis mine). Joseph echoed this sentiment when he said, "As for you, you meant evil against me, *but God* meant it for good" (Gen. 50:20, emphasis mine). Yet in my mind, the ultimate "but God" statement in the Bible is, "*But God* shows his love for us in that while we were still sinners, Christ died for us" (Rom. 5:8, emphasis mine).

Jesus truly is our Redeemer. Seeing Him as such allows us the freedom to trust and surrender ourselves to Him. We need to know our God. We need to know who He is and what He has done. It is only then that we are able to understand that He is for us, not against us, which frees us to obey, knowing He will work all things for our good and His glory.

Coming to understand God's heart toward me—that He loves me, that He is for me, and that He is my comforter and my guide—suddenly empowered me to live life differently. Sure, I was a newbie at this whole Christian thing, but I knew I needed a faithful, loving, and merciful God. I needed a God who would love me, who would forgive me, who would comfort me, who would guide me, who would empower me to live life differently. Sure, I was a newbie at this whole Christian thing, but I knew I needed a faithful, loving, and merciful God. I needed a God who would love me, who would forgive me, who would comfort me, who would guide me, who would empower me to live life differently.

Kelly O'Dell Stanley

NEW PERSPECTIVES ON PRAYER



HOME BOOKS PRAYER PROMPTS BLOG ABOUT SPEAKING CONTACT



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prayer prompt calendar
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Your name

Your email address

ready to try something new?

WHY YOU SHOULD PRAY

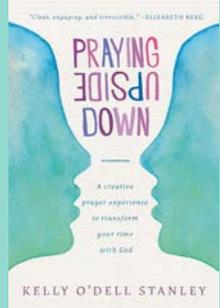
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WHY UPSIDE DOWN?

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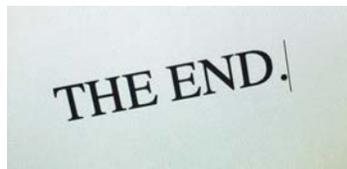
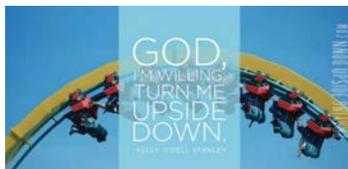
CAN I PRAY FOR YOU?

[Link to prayer requests page] Maximuscid quidi nim assit, ut ratur? [Qui offic tem de perum quiassit](#) es es ant aut laut a con con pos et peliquosam, sequatur apelent, nimirisci od moditatum evendae proremque omnis endaeapu daeepiore offictiandi non re autem inciatur? [Optaturehent laudipsanto](#) coritioussus, quiatur ad quodi ant et aut dis dolupti scipsa es volessunt.



get the book
"Praying Upside Down has, quite literally, changed my prayer life for good. I know it can do the same for yours."
-STORY MATTERS

on the blog



popular on this site
Amazing Grace (Writer's Digest prize-winning essay)

SUNDAY MONDAY TUESDAY WEDNESDAY

1
thank God for spring, the season of new beginnings



thank God for freedom

2
thank God for a fresh new week and a new outlook



ask God to help you focus

3
pray for someone who has a birthday this month



10
thank God for sunshine



4
sing a song of praise

11
look for *joy* today and offer that as your prayer



12
every time you see a flower, pray for your best friend

5
pray for your family



6
look for ways to show kindness



7
to His presence



13
list 13 things you are thankful for

20
pray for your neighbors

14
ask God for new opportunities

21
pray for someone's self-esteem

15
pray for a church that worships differently than you do



16
pray for a graduate

17
pray for someone who needs a job

18
pray for people in another part of the world



19
pray for a teen

24
let go of your worries—God's got this

25
pray for wisdom for our country's leaders (and those who will be elected)



26
ask God to prune you (to remove something from your life in order for you to grow)

27
pray for someone you haven't seen in a while



28
pray for a couple getting married this year

22
no words today—just *sit in silence*

23
pray for a couple who's been married for a long time

may

prayer prompts
may 2016

June 2016 PRAYER PROMPTS

5 ask God to show you what to cut out of your life

6 **rejoice** in the beauty of nature

12 dwell on all that God has done for you

13 **nurture someone**

20

7 pray for growth in your prayer life

14 **imagine** that the wind is the very breath of God. Let yourself be surrounded by it.

21 pray that you'll achieve

8 pray for someone who has the summer off work

15 lift your hands in praise

22 pray for someone you barely know

1 pray that your family will **enjoy** each other this summer

2 set a goal to spend a few minutes every day in prayer. Ask God to help you.

9 **give thanks** for color

16 pray for someone who is traveling

3 **try to be clearly**

10 **look up** see who needs you

17 **thank God for shelter**

24 thank God for the foundations of your faith

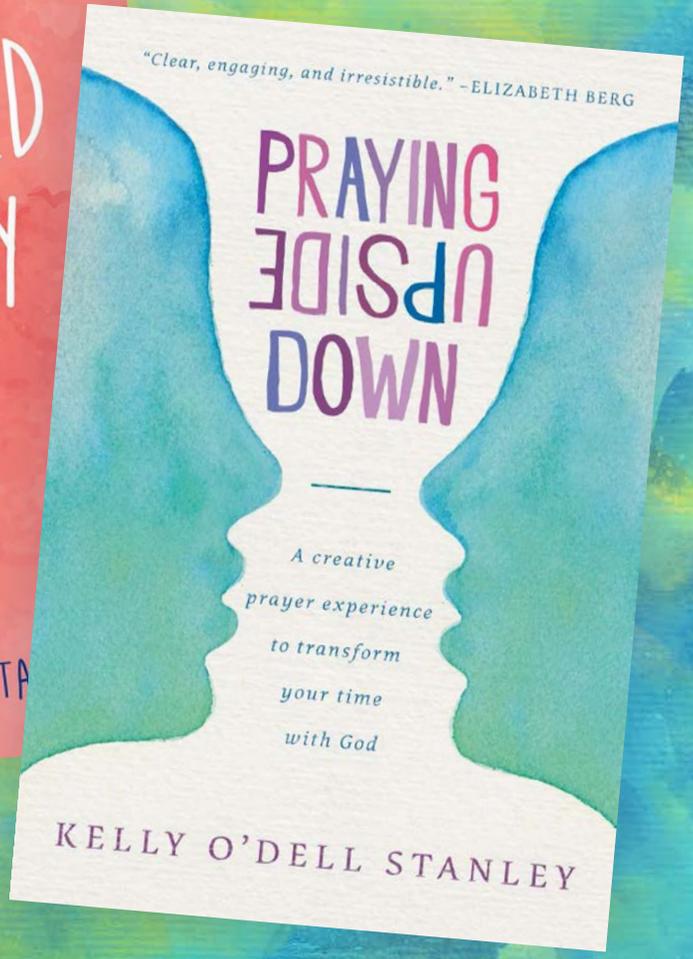
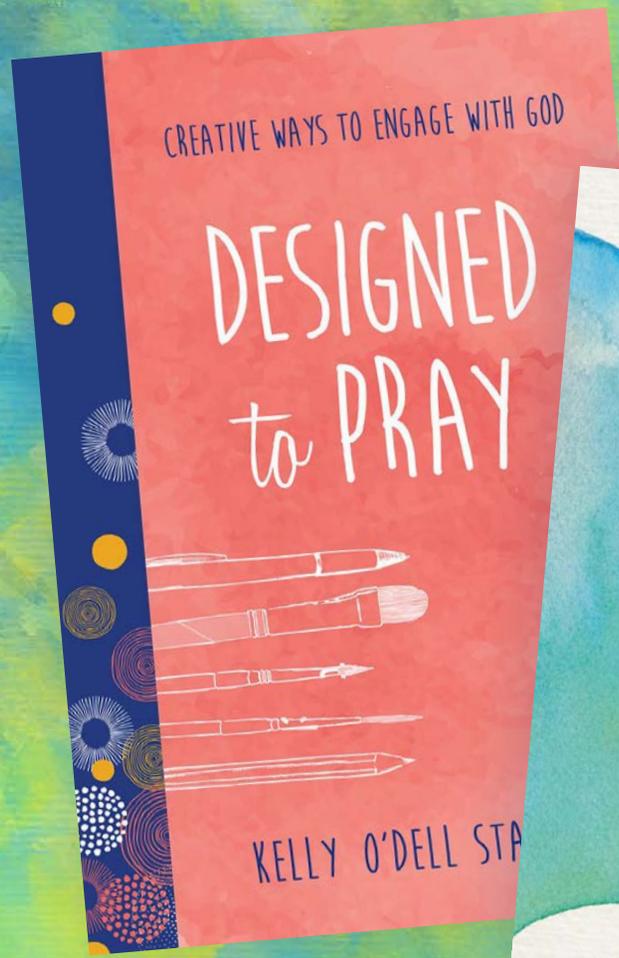
30 **God**

4 thank God that He'll follow you anywhere

11 **thank** God for family

18 show someone God's love today

25 tell God your fears and let Him reassure you



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