

SPIRITUAL MAKEOVER CHALLENGE

Pray this prayer...

*Lord, make me over in your image.  
I need to be transformed by you.*

2 CORINTHIANS 5:17

*Please give me your eyes to see —*

PSALM 119:18

*Your ears to hear—*

JOHN 10:27

*Your arms to reach —*

HEBREWS 13:2

*Your hands to touch —*

MARK 1:41-42

*Your words to speak —*

EPHESIANS 4:29

*Your mind to reason and solve problems —*

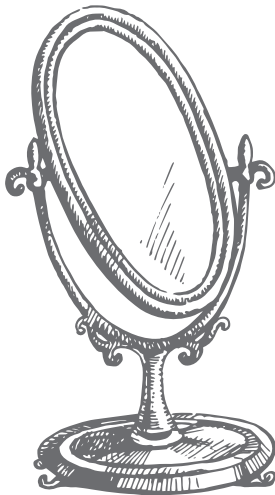
ROMANS 12:2

*Your legs so I can stand firmly, with stability,  
on a solid foundation —*

PROVERBS 10:25

*Your heart to love without limit —*

PSALM 51:10-12



What is your biggest struggle or challenge in this area?  
Or how would you like God to transform you?

*Example: My heart is broken; I still mourn the loss of that friendship.  
Help me to have the strength to be vulnerable and care for people again.*

Pray, and then write down specific things you can do  
(either name a specific person, or identify a situation in  
your life, or ask for an opportunity to implement an idea).

*Example: I will make a conscious effort to grow my friendship with  
Angela by inviting her to coffee next week.*

eyes	
ears	
arms	
hands	
words	
mind	
legs	
heart	